

Newsletter No.1 (13th May 2019)

From the Race Director's Desk

Introduction

Welcome to the inaugural Adventure Race Malaysia 2019 in the beautiful state of Pahang, Malaysia.

As you should now be aware, this is the very first Expedition style Adventure Race to be held in Malaysia. Working with Adventure Race World Series (ARWS), we hope to bring you a world class Adventure not only for this year but for the next 10 years of our partnership between GAC Adventure Consultants and ARWC.

Also, with the active partnership of Society of Sports & Exercise Medicine Malaysia (SSEMM), Wilderness Medical Associates (Malaysia) and Tourism Pahang has enabled us to provide the most comprehensive medical and emergency personnel during the event.

Entry Forms and Resumes

- Please fill out the entry form completely including picture, blood type and copy of insurance card.
- You must also attach an update bio and/or athletic resume so we can update our records. This resume is very important, we must have accurate and up to date information on each team member for press inquiries.
- Mail the completed entry form and bio to:

GAC Adventure Consultants Sdn. Bhd.
Attn: Adrian Chin
The NEST Recreation Centre,
MAEPS SERDANG,
Persiaran MARDI – UPM
43400, Serdang,
Selangor, Malaysia
adrian@adventureracemalaysia.com

- Incomplete entry forms will not be processed. In other words, if you do not fill out all the appropriate information on the entry form, it will be returned to you.
- You will not receive Newsletter No.2, until your entry form is complete and turned in. There will be no exceptions.

Updates/Newsletter

As we fine tune the course in Pahang, Malaysia, we will make necessary changes to mandatory gear list, rules, waivers and discipline requirements. Please expect that the information will be modified and therefore please pay attention to dates on all documents. It is your responsibility to read all Newsletters. You will be responsible for the most recent information.

This race is a true expedition race and as such includes inherent dangers. These updates here are designed to ensure your safety. Please follow all instructions diligently. Team captains will be responsible for supplying teammates with copies of past newsletters and updates.

Team Sponsorship Rule

During the actual race, from 19th Oct 2019 when your team arrives for team Race registration and continuing through the awards ceremony on 23rd Oct 2019, teams are allowed to wear their sponsor's corporate logos.

Adventure Race Malaysia will provide each team with 4 race bibs to wear during the event. These race bibs will be distributed at Race Registration and must be worn throughout the time on the race route. It will not have any corporate logos other than those sanctioned by Race Organiser.

The Great Gear Drop

As there are no assistance crews in Adventure Race Malaysia, we will follow a transition area gear drop format. Most of you are familiar with this procedure. If not, a brief description follows:

Each team will be allocated a Team Box and the team will prep and place all gear in it before the race starts. This container will be accompanied by that team's bike boxes. These two pieces will be clearly marked with your team name and team number and will be moved to each transition area in trucks by Race Organising staff. When your team completes a leg of the race, your Team Box will be waiting for you at the transition area. You will switch out supplies, gear, food and clothing as necessary for the next leg of the race and will repack your container to be loaded on the truck and taken to the next transition area.

Gear container size and dimensions will be provided soon. Each competitor must also bring one hard bike box per person. This bike box will be mandatory.

Each team will be responsible for the team's food. Your food will be placed in your Team Box along with your team gear. Therefore, you will rely more on dried, unperishable food.

Send Us A Video of Your Team

We would like to know more about your team! Please send us a video clip of your entire team together. This footage will be shared with our production staff so we can better know each team.

Following is a list of things we would like you to address on the video:

1. Introduce each member of your team and tell us what country you are representing.
2. Tell us what your team and individual goals are for Adventure Race Malaysia 2019
3. Show us your surroundings (where you train, your hometown, etc)
4. If you are racing for charity or are representing a group, please explain why and who it is.
5. Be creative! We want to get to know each team.
6. Send video clip to racedirector@adventureracemalaysia.com

Adrian Y. S. Chin

Race Director

Adventure Race Malaysia